

Community Wellness Center of Winamac

Weekly Class Schedule for January – May 2020

120 W 15th St, Winamac, IN 46996
(574) 946-4150

Monday:

10:30-11:30 **AM**—Silver Sneakers
4:15-5:15 PM— Boot Camp
5:30-6:30 PM--Pilates

Tuesday:

10:30-11:30 **AM**--Silver Sneakers
5:30-6:30 PM—Bootcamp

Wednesday:

4:15-5:15 PM— Boot Camp
5:30-6:30 PM--Pilates

Thursday:

10:30-11:30 **AM**--Silver Sneakers
5:30-6:30 PM—Bootcamp

Friday:

10:30-11:30 **AM**--Silver Sneakers

**Class Fees:
Your first class is FREE!**

**\$4.00 each
Or buy a pass
\$36.00 for 12 classes**

*****All classes are included
with a CWC membership*****

Visit our website:

<http://winamacwellness.com/>



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of Winamac**



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